



Field lacrosse scrimmage

Why do we want children to play lacrosse?

By the very nature of most sports, children who participate are physically active. They build physical fitness and develop their coordination, balance and judgment about their bodies. Through their involvement in these physical activities they develop body awareness and learn to push and extend their capabilities to new heights.



About the Shamrock Field Lacrosse Club (FLC)

Founded in 2007, the goal of the Shamrock FLC is to promote the sport of field lacrosse to New Brunswick's youth.

Our primary focus will be skills development, through intensive day camps and jamborees, held throughout the year.

Summer Day Camp

Our day camps have been structured to teach the skills required to play the game through a series of skill-building "stations".

For younger age groups, some stations will incorporate fun themes and activities.

Older age groups will benefit from drills designed to improve skills and game play.



Fun is the name of the game for these kids

Schedule: Summer 2007

Grades K-2 and 3-5

Tuesdays & Thursdays beginning July 17th until August 30th

1:00 pm to 4:30 pm

Grades 6-8

Tuesdays & Thursdays beginning July 17th until August 30th

8:30 am to 12:00 pm

Grades 9-12

Thursdays and Saturdays beginning July 19th until Sept 1st

Thursday - 5:00 pm to 7:00 pm
Saturday - 10:00 am to 2:00 pm

Registration forms are available at LaxBoy 170 Main St, York Plaza (next to Scotiabank), Tel: 454-5299.

Camps to be held at Leo Hayes High School's Back Field, rain or shine.

Refreshments will be provided by the Shamrock FLC.

Enrolment is limited to 48 children at each grouping. Helmets, gloves and sticks required.